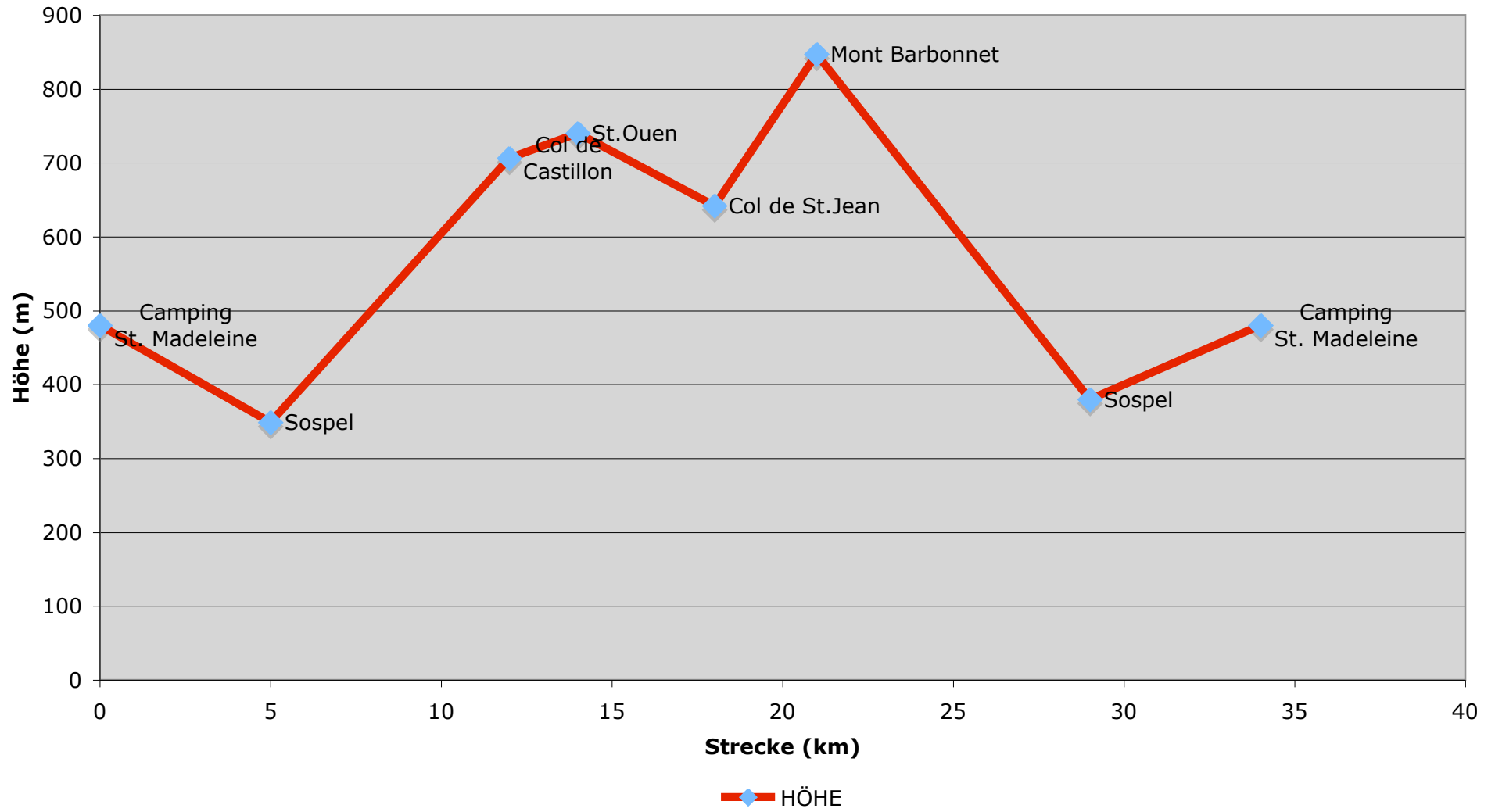
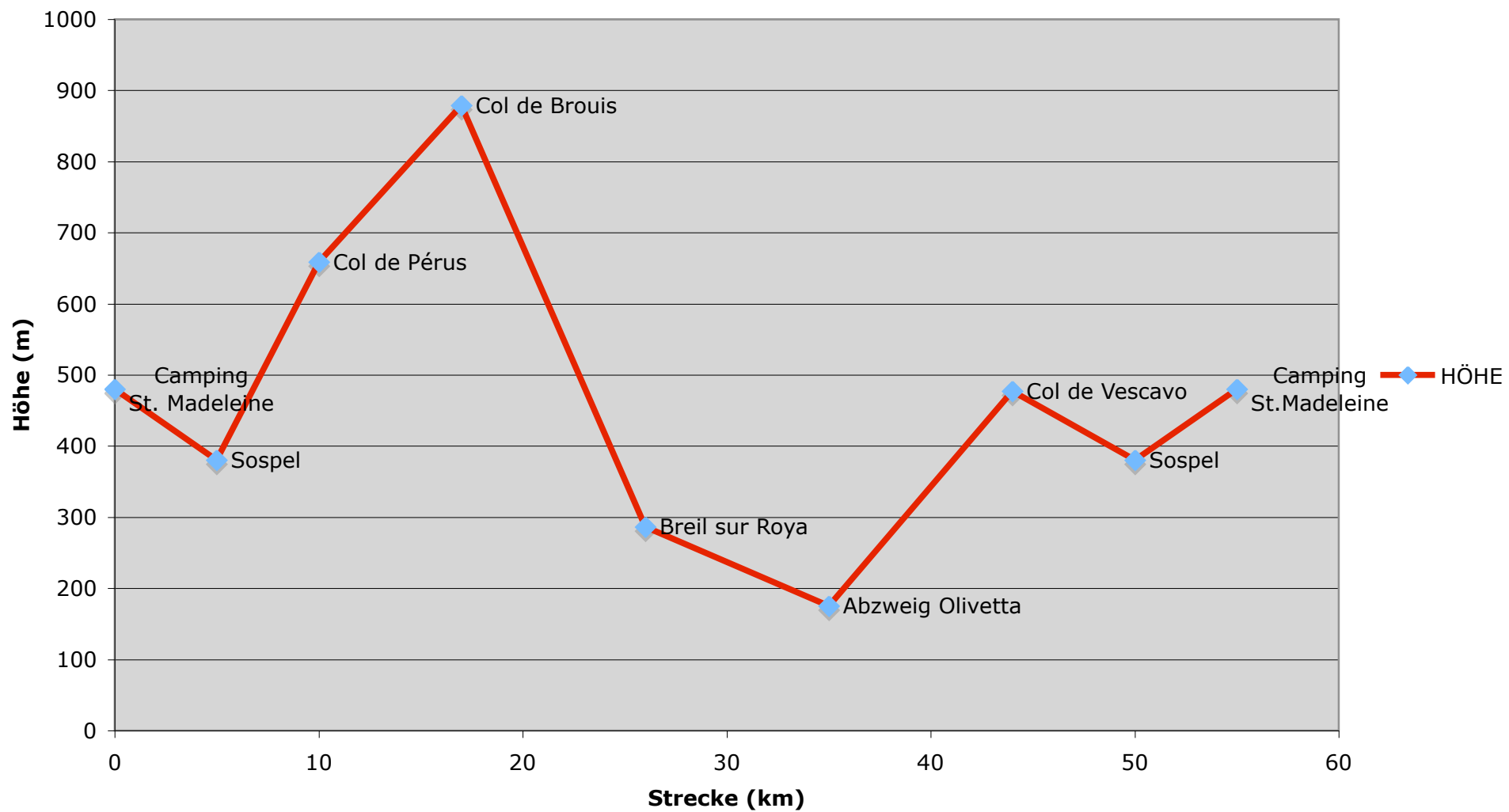


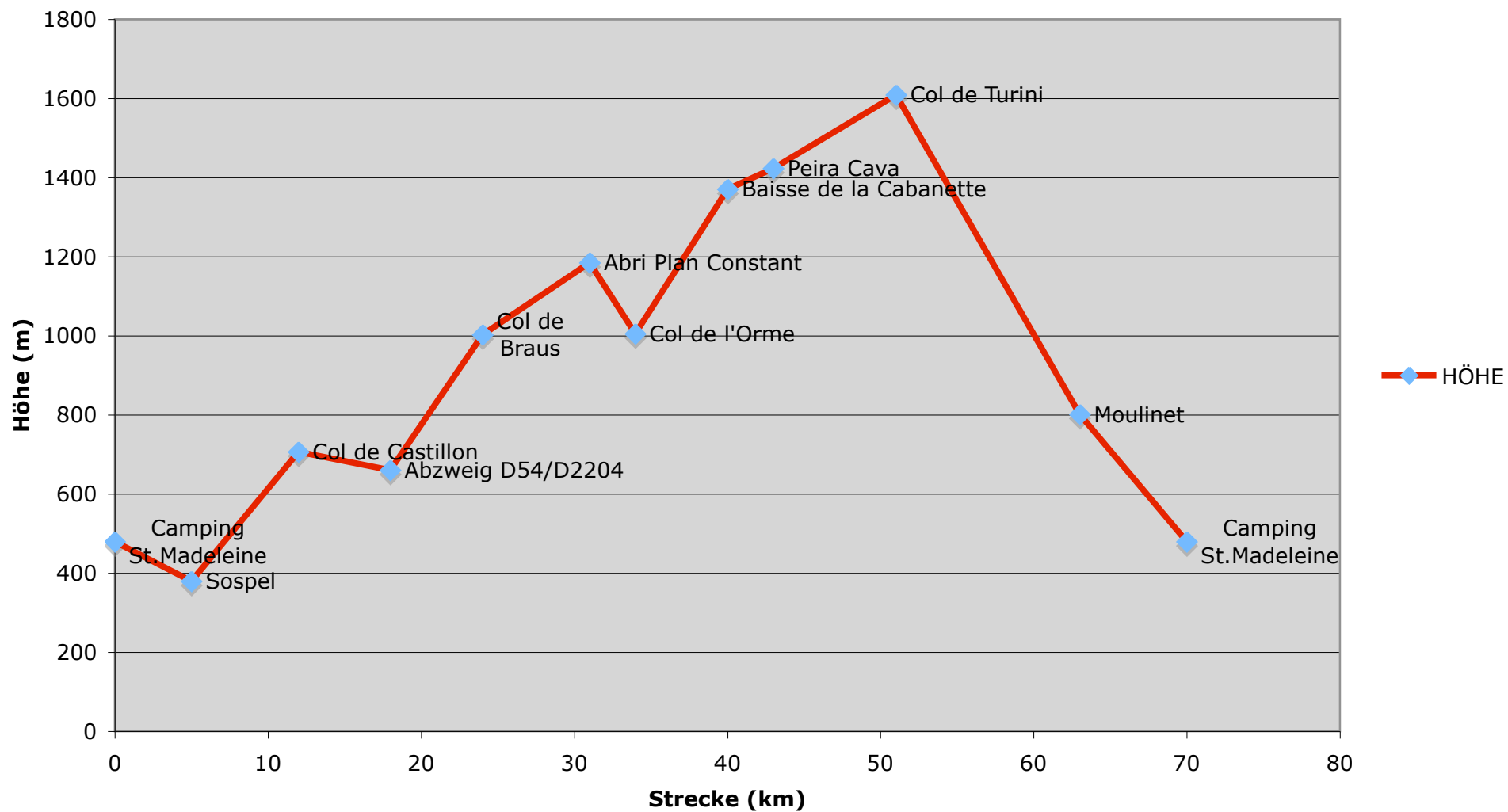
# 1. Trainingstag



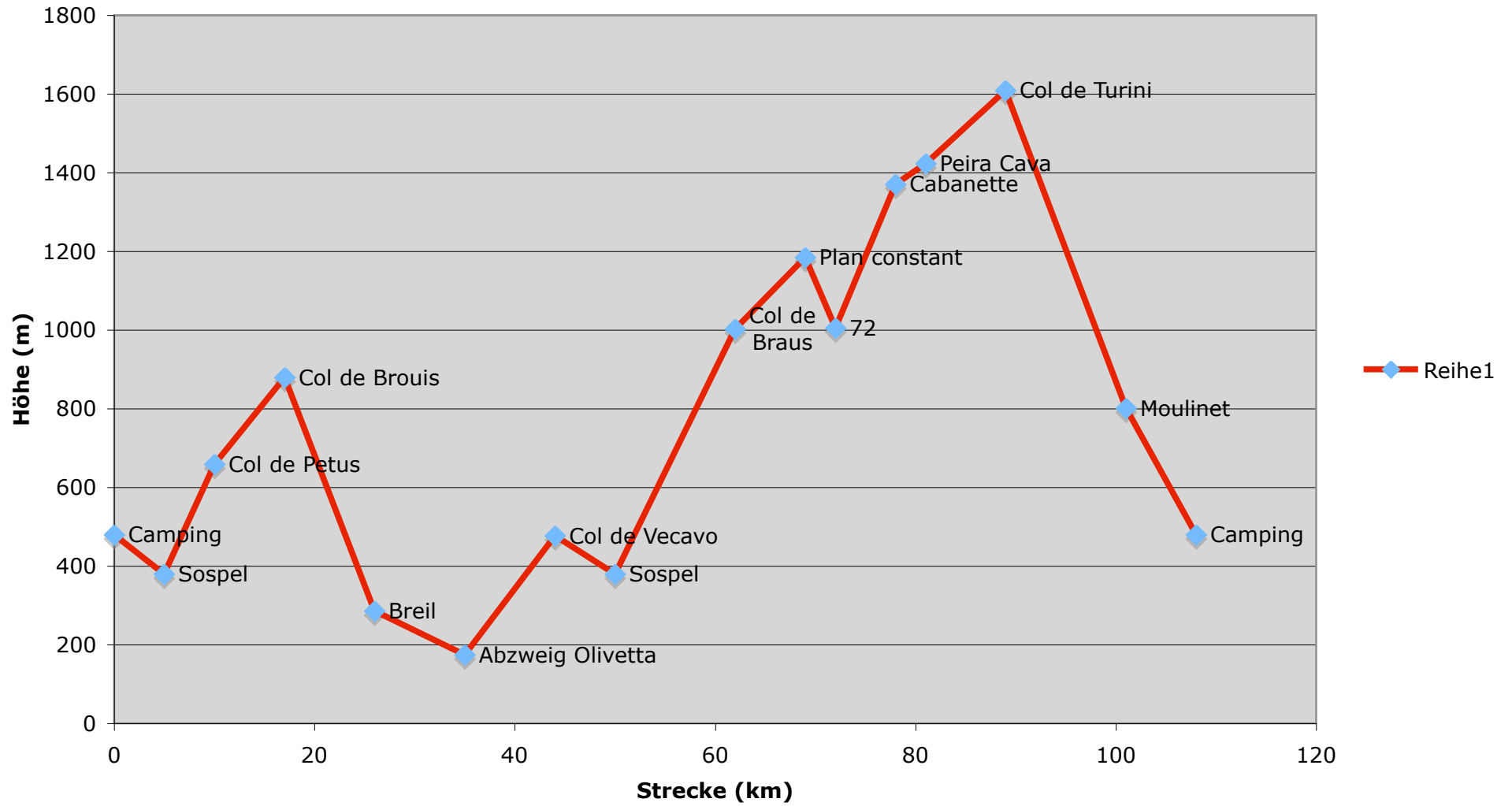
## 2.Trainingstag



### 3.Trainingstag



## Die große Schleife



## Die große Schleife real

